

Parent Maths and Spelling Workshop

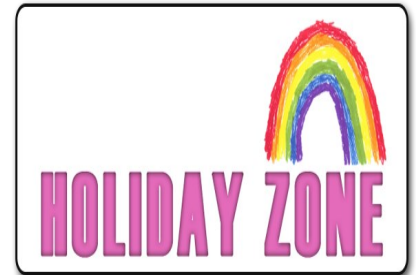
Tomorrow we will be running our maths and spelling workshops from 2-3 pm and 6-7 pm. During the hour, you will have the opportunity to join in with a range of engaging activities that you can use at home to help your child develop their mental calculation skills and spelling knowledge. Both sessions are the same (half an hour on spelling and half an hour on mental calculation) so there is no need to attend both time slots. These will also be filmed and uploaded onto the school website for you to view at home if you are unable to join us.

Miss Gerrity

A message from Holidayzone

Welcome to the new Autumn Term. We are excited to be now running your after school club. Thank you to those who have booked your sessions in advance, I hope everyone settles in quickly. Just a reminder that we also accept bookings on an ad hoc basis, for those who require last minute sessions if you have an appointment or are running late. If this is the case, please let us know as soon as possible by emailing holidayzoneashdene@gmail.com making sure a registration pack has been filled in. These can be found on our website www.holidayzone.org.uk alternatively pick up a copy from the main school entrance.

Natalie Reynolds



The Governing Board at Ashdene continually looks for ways to improve. To help us to improve our effectiveness we would like parents to complete this short survey. The survey will close on Friday 21st September. Thank you in advance for taking the time to complete this.

<https://www.surveymonkey.co.uk/r/K5LLYMG>

Ashdene Governing Board



Dear Parents of Ashdene,

We would like to inform you that at break and after school on Friday 14th September there will be a cake sale. So, if your child would like to buy a cake please send between £1-£2 max.

This will be after school in the KS2 playground and in both KS1 and KS2 at break time.

All this will be hosted by 5R. Please pass any cakes to 5R or to the office before Friday 14th.

We need all the help we can get and all the money raised will go to our school fund.

Thank you for your time, yours sincerely



CAKE SQUAD

School Office/Post

Just a reminder that the school office is open 8.30am-4.30pm Monday to Thursday and 8.30am-4pm on a Friday. If dropping mail off outside these hours please ensure you put it into the 'school' mailbox on the right hand wall where it is secure – school cannot be held responsible if you leave items elsewhere, which then go missing. Also a reminder that if school rings you in an emergency this will show on your phone as **0845 148 0060** and not the normal school number that you call us on (01625 383232) this is due to the call going through a central CEC telephone exchange when we dial out – please store this number in your phone so you know we are calling you. Any children not collected at the end of the school day will be taken into Holidayzone afterschool club and you may be charged– this is for the safety of the children and to allow staff to continue their work after the end of the school day.



Dear Parent / Carer

I am writing to let you know about a project that a number of schools in Halton, Warrington, Cheshire West & Chester and Cheshire East are participating in. The project, called Operation Encompass, is being run in partnership with Cheshire Police.

The project aims to support children who are affected by domestic abuse.

Following a domestic abuse incident, the Police will make contact with the school and communicate relevant information to nominated school staff, to ensure that the school are made aware early enough to support children and young people in a way that means they feel safe and included.

Each school has a member of staff (key adult) who is trained to liaise with the police, when required, whilst ensuring support is available to the child.

We are committed to working in partnership, to safeguard and protect children across Cheshire and provide the best possible care and support for our pupils.

In the meantime, if you would like to speak to someone further about the project or require further information, please do not hesitate to contact our key adult within school, Laura Dutton.

You can also find out more about Operation Encompass via the following website:

<http://www.operationencompass.org/>

Yours faithfully
Collette Mather
Headteacher



We are becoming a Unicef UK Rights Respecting School!

Children's rights are at the heart of our ethos and culture and this improves well-being and the development every child's talents and abilities to their full potential. As part of this plan we are working towards recognition as a 'Rights Respecting School', an award given to schools on behalf of Unicef UK. Through working towards this award, the children will learn about their rights by putting them into practice every day. A Rights Respecting School models rights and respect in all its relationships.

If you would like to find out more, we have a Unicef representative in school on our staff inset day on November 5th and we would like to invite some parents to attend. Invites are limited so we would like parents who do attend to become a representative for a class/year group and feedback to other parents who may also be interested in finding out more about our rights respecting journey. Please let us know if you would like to put yourself forward and availability will be on a first come first serve basis.

Miss Dutton



Community News



We are delighted to announce that in the Autumn Term children in Years 1&2 will have the opportunity to join **MYC**; an after-school Mindfulness and Yoga Club by Rattle and Roll.

The mindfulness and yoga classes are specially designed to offer lots of life long skills and benefits. Children will learn skills and techniques that aim to deliver a sense of calm, happiness and general wellbeing whilst also developing core strength, coordination, stamina, fitness and balance.

MYC will run after school on Wednesdays 3:20-4.20pm and will cost £5.50 per child. If you would like to join the fun please visit www.rattleandrollperformance.com where you can sign up using their online registration system. Use code MYASPR1 to go straight to this class (you will need to register first). If you have any questions or want further information please get in touch with Sally at enquiries@rattleandrollperformance.com.

NEW BELIEFS - COGNITIVE BEHAVIOURAL THERAPIST

ANXIETY IN CHILDREN WORKSHOP FOR PARENTS

The workshop is aimed to empower parents in supporting their children with Anxiety and Worry. The session contents - Understanding Anxiety and what is normal - Signs and symptoms - Coping Strategies - How a parent can support their child

29th September 2018 - Secondary School and 20th October 2018 - Primary School Children Limited spaces available

Sessions will be held 12.30pm -2.30pm with a break for refreshments.

Location; St Johns Extension, The Green, Hartford, Northwich, Cheshire, CW8 1QA.

(Across from The Red Lion) Ticket price is £10 including refreshments.

Please contact Leanne Astbury, Cognitive Behavioural Therapist

Tel. 07761 640485

admin@newbeliefscbt.co.uk

www.newbeliefscbt.co.uk

Key dates:

- **Wednesday 12th September** Parent workshop (Maths and Spellings) 2-3 p.m. and 6-7 p.m.
- **Friday 14th September** Cake sale during break and on KS2 playground after school
- **Monday 17th - Friday 21st September** Y6 Lakeside residential