



ASHDENE PRIMARY SCHOOL



TUESDAY 25TH MARCH

NEWSLETTER

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Excellence

This week's RESPECT value champions are:

RB	Isabelle A
RG	Eleanor A
1H	Kara H
1SH	Harlow K
2C	Sophia S
2G	Celine M
3B	Daisy F
3H	Lilac Y
4C	Matthew R
4I	Noah S
5B	Georgia S-P
5AG	William H
6R	Henry E
6RG	Molly H



Excellence: everyone, everywhere, every day.



WEP Sewing Event

On the 18th March, Ashdene held an enrichment craft afternoon with Miss Dockerty. Children from other schools around Wilmslow attended and we spent the afternoon doing Easter sewing. We made cushions and we could choose from a sheep, chick or daffodil designs.

We followed instructions on how to do a running stitch and used this to sew our felt pieces together. We had to stuff our cushions before gluing smaller details on with PVA glue. I had a fun afternoon with lots of laughter and helping each other.

Elsie - Year 4



Excellence: everyone, everywhere, every day.

Golden Ticket Coffee Shop Treat

Last Wednesday, seven of the lucky prize winners enjoyed a sunny walk to Brook Lane Coffee Shop for their hot chocolate treat with Mrs Mather.

The children chatted about their favourite subjects, outside school activities and how many chocolate bars they bought to win a golden ticket!

There were lots of smiles and fantastic manners by all.



Excellence: everyone, everywhere, every day.

Golden Ticket Waterstones and Coffee Trip

On Wednesday, 6 children had a lovely time visiting Waterstones to spend their voucher prize! Afterwards, we had a hot chocolate in Starbucks and shared our new books.

It was a wonderful afternoon!

Mrs Roberts



Excellence: everyone, everywhere, every day.

KS1 / KS2 Water Safety Assembly

This week, Helen from the Canal and River Trust came to talk to the children about water safety.

We looked at different times we might be near water, recognised dangerous behaviours when we are by water and learnt how to keep ourselves safe. We also looked at what to do in an emergency and steps to take if someone falls into difficulty whilst in the water.

A huge thank you to the Canal and River Trust for coming!



Excellence: everyone, everywhere, every day.

Year 6 Comic Relief Fundraiser

Last Friday morning, Year 6 held their Comic Relief fundraising event. It was incredibly successful and all of the children thoroughly enjoyed themselves. The event was all arranged by the Year 6 children: they planned what they wanted to do, resourced their stalls, set up and tidied everything away. Teamwork, positivity, empathy and communication were displayed throughout the session, as well as during the run up.

A grand total of £737 was raised and we'll be sending it off to Comic Relief. What a success!



Excellence: everyone, everywhere, every day.

Scholastic Book Fair

The Book Fair has arrived! All children visited the Book Fair on Friday to have a look and decide which books they liked the look of.

Unfortunately, we closed the book fair on Tuesday but it is open again on Wednesday (before and after school) and we will also be opening on Thursday!

There's still plenty of opportunities to come along and treat yourselves to a new book (or two). Please note that whilst we do have a card machine, the technology is temperamental and cash is preferable.



Sport

Active Ambassadors



Well done to 6RG for being the KS2 Active Class of the Week with 119 extra active minutes.



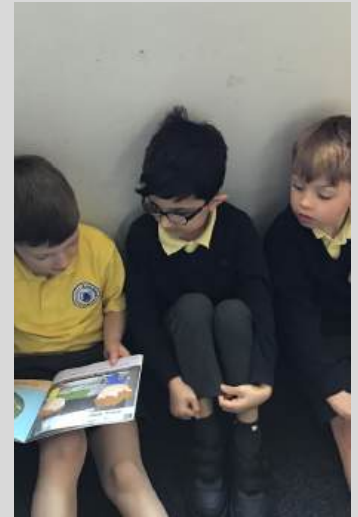
Excellence: everyone, everywhere, every day.

This Week In Pictures

Reception



Year 1



Year 2



Excellence: everyone, everywhere, every day.

This Week In Pictures

Year 3



Year 4



Year 5



Year 6



Excellence: everyone, everywhere, every day.

Attend. Achieve. Succeed.



Attendance	
RB	94.3%
RG	93.3%
1H	97.3%
15H	93.8%
2C	98.7%
2G	98.3%
3B	92%
3H	93.3%
4C	96.9%
4I	98.5%
5AG	95%
5B	96.9%
6R	93.1%
6RG	92.9%

Attendance

Update

Our attendance target is **97%**. We all need to work together on ensuring children are in school EVERY day and not missing any learning.

Our attendance for the week is:

95%

Our attendance for the year to date is

97%



Well done **2C** on their impressive attendance last week!



Excellence: everyone, everywhere, every day.

Reading Leaderboard

Year 3	Year 4	Year 5	Year 6
James F Freddy G Luke M Nateh B Neva M Leonard C Sophia B Henry G Rosie D Ruby R Cole W	Dario B Reeva P Oliver E- Violet F George G Francesca M-S Ralph M Isle T Felix C Teddy G Darcie B William C Ernest H Jessica S Edward A Kingston H Natalya W Elias Z Rose E Niall McK Hannah M	 Olivia B Clara C Mia H Fox T-G Lia T Edward W Georgina K Edward W Harry B Jasmine G Austin S	Megan F Elliot S Lucy C Francis C Amy M Emily B Henry E Leon H Oliver R Emilia B Jack C Isaac M Anna P Baxter S Imogen S Sophia G Maya R Seb S Thea McG Sophia B

Cross Country Trials

Trials for the cross country competition, which will take place at Wilmslow Carrs on 7th May, will be held on the last Friday of this half term (4th April).

If your child wishes to take part, please can they come to school in their PE kit on that day. To ensure fairness of selection, if your child is absent on 4th April, or unable to partake in the trials, they will not be able to be selected for the team.



Excellence: everyone, everywhere, every day.

Club Bookings

Club bookings are now open and will **close on Monday 31st March at 9am.**

The system is booked on a first-come first-served basis.

Bookings can be made using the following link:

<https://ashdeneschool.parentseveningsystem.co.uk/>.

Please can parents ensure that payment for clubs are made before Tuesday 22nd April to secure a place on the club.

If payment is not received by the second week, the place will be offered to the wait list and your child will no longer be able to attend.

If you no longer require a space on one of the clubs please email the school office so that it can be allocated to another child on the wait list.

Please see the information provided by the external providers for clubs that are not run by school. These are also offered on a first-come first-serve basis.

Parent Lunch

If you would like to attend the **Reception** parent lunch on **Thursday 8th May at 11.30am**, please complete the booking form using the link below

<https://forms.office.com/e/kVtk9E8ZCg>

(Please note this is an invite for parents to experience the new school meal provision; there is no charge.)

The deadline for booking a place (**1 parent per pupil**) is Wednesday 23rd April at 4PM - no orders can be accepted after this date.



Excellence: everyone, everywhere, every day.

Ashdene Teacher Training



Thinking of teaching?

JOIN US

Train with an outstanding school who pride themselves on excellence.

We are hosting four dates for you to meet our SCITT team and find out further information about our Initial Teacher Training programme.

ONLINE

6th February at 5:30pm

27th March at 5:30pm

IN PERSON

26th February at 10:30am

19th March at 10:30am

We include a tour of the school as part of our in-person visits.



Please book your place by e-mailing admin@ashdene.cheshire.sch.uk or calling 01625917335

If you have any queries, please don't hesitate to get in touch.

Accredited Provider

m Manchester
Nexus SCITT



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Free Access to Advice and Support for Ashdene Families

As part of our commitment to the health and well-being of our children and families, we have signed up to Face Family Advice, known as FACE.

FACE offer a range of parent talks, covering issues including anxiety, neurodiversity, anger, screen use and sleep, which are free to subscribing schools. The talks are on a four-weekly rotation and are available as morning sessions (10:00-11:30) and evening sessions (19:00-20:30), with recordings of the talks available for 48 hours following each session.



How to Access the Parent Talks

Visit the **PARENTS** page of the FACE website (<http://facefamilyadvice.co.uk/>) to view the 16 regular talks for parents.

Choose a topic and click through the booking calendar to find a date and time that suits you.

At the payment stage of booking, enter the code **AD140325** where it says **ADD PROMO CODE**. This will reduce the price from £24 to £0.

Links to recordings of the talks are available for 48 hours after the session. If you cannot make a live session, book on and then email to request the recording link.

Please avoid booking the FREE sessions for parents, as these are shortened versions for parents from schools that have not purchased the discount code.

The code can only be used for Parent Talks and cannot be shared with parents from different schools. Improper use can result in immediate code cancellation for the whole school.



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AFTER SCHOOL FOOTBALL REGISTRATION FORM



BOYS AND GIRLS OF ALL ABILITY WELCOME!

Players will need to wear kit suitable for all weather with shin pads, football boots and trainers. To book your child onto the relevant course, complete the form below and return it to the school office with correct payment. Please note all groups are mixed apart from our girls only training groups highlighted below.

APRIL - MAY 2025

SCHOOL	SCHOOL YEARS	DAY & TIME	DATES	PRICE
ASHDENE	Reception to Year 6	MON 3.20 - 4.30	28th Apr to 19th May	£25.50
FULSHAW ST. ANNE'S	Reception to Year 6	MON 3.20 - 4.30	28th Apr to 19th May	£25.50
GORSEY BANK	Reception to Year 6	TUES 3.20 - 4.30	22nd Apr to 20th May	£42.50
MOBBERLEY	Reception to Year 6	TUES 3.20 - 4.30	22nd Apr to 20th May	£42.50
LINDOW	Year 2 to 6 Girls Only	WED 8.00 - 8.45 am	23rd Apr to 21st May	£37.50
ASHDENE GIRLS	Year 2 to 6 Girls Only	WED 3.20 - 4.30	23rd Apr to 21st May	£42.50
WILMSLOW ACADEMY	Reception to Year 6	WED 3.20 - 4.30	23rd Apr to 21st May	£42.50
LACEY GREEN	Year 2 to 6 Girls Only	WED 3.20 - 4.30	23rd Apr to 21st May	£42.50
GORSEY BANK	Year 2 to 6 Girls Only	THU 8.00- 8.45 am	24th Apr to 22nd May	£37.50
LINDOW	Reception to Year 6	THU 3.20 - 4.30	24th Apr to 22nd May	£42.50
LACEY GREEN	Reception to Year 6	FRI 3.20 - 4.30	25th Apr to 23rd May	£42.50

e: erik@academyfootball.co.uk t: 07792 791 382



ALL BOOKINGS ARE NOW MADE ONLINE

To sign up to one of our after school clubs simply complete the online form with payment and your child will automatically be added to our register for this terms sessions!

Discover more and book your place now at:

WWW.ACADEMYFOOTBALL.CO.UK/PLAY-FOOTBALL/AFTER-SCHOOL-CLUBS

Online registration for WFA's Afterschool Football Sessions for next half term is now open. Please click on this link to register on the WFA website and follow the instructions.

<https://www.academyfootball.co.uk/play-football/after-school-clubs/>



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Clay Creators

At Clay Creators we'll be building models from our Mythical theme, a great way to learn about strange and mystical characters. We'll even send you links to online resources, so you can enjoy the character further at home!

Your child will be building models that allow them to not only be creative but gain knowledge. Each week they'll build another model to add to their collection that they can then play with at home, it's theirs to keep! They may even teach you something you didn't know!

Years 1-6

Wed 23 Apr, 3:30-4:30 - Learning/Catch-up & Free-play

Wed 30 Apr, 3:30-4:30 - Cyclops

Wed 7 May, 3:30-4:30 - Goblin

Wed 14 May, 3:30-4:30 - Medusa

Wed 21 May, 3:30-4:30 - Merlin the Wizard



To book click the link below

<https://booking.claycreators.com/bookings/course-info/1716>

Drama

Mark Hallett Drama

DRAMA SESSIONS FOR YEARS 1, 2 and 3

Tuesday 22nd April-Tuesday 20th May.

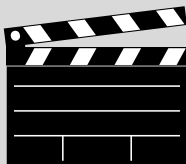
3.20pm to 4.30pm in the Infant Hall

Cost £45.00

First come first served basis, as limited spaces available

"Marks classes are always fun and engaging, covering things like Music and Movement, Confidence building, Story Telling, Games and much more..."

For availability please either DM, or email Mark at markhallett@sky.com



Mark Hallett Drama

DRAMA SESSIONS FOR YEARS 4, 5 and 6

Wednesday 23rd April-Wednesday 21st May

3.30pm to 4.40pm in the Infant Hall

Cost £45.

For availability please either DM, or email Mark at markhallett@sky.com

Testimonials

"I've seen how Mark works with the kids in his drama classes and have been impressed with his enthusiasm, imagination and boundless energy. He really cares about what the children learn and the skills they acquire in his classes all of which go to broadening their horizons both as actors and young people." Jane Hollowood Theatrical and TV Agent

"Marks classes are ace but he can be a bit silly sometimes" Sophie (age 10)

"I was a bit shy when I first started but after a few minutes I felt fine when Mark asked us all to do funny voices" Emily (aged 8)



Excellence: everyone, everywhere, every day.

Cooking

Kids Kitchen After School Cooking Club is coming back after Easter, so if you'd like to have some (more) fun in the kitchen, come and join us on:

Wednesdays from 3.30pm to 4.45pm

From 23rd April (12 sessions), limited availability.

Cost: £144 payable before 23rd April to secure a place

The cost includes all ingredients and equipment, and the kids get to try the food they make at the end of the class, and the rest is brought home to show off to mums and dads.

email jo@beyondbakedbeans.co.uk

mobile number 07966 585 545 for any questions.



Computer Xplorers

Computer Club will be Coding with Minecraft every Wednesday from 23rd April.

Take the skills you have learned so far and use them to delve deeper into the world of Minecraft with bigger and better challenges. No experience necessary, if you are new we can take you through the basic levels of the game.

Wednesdays 3.30pm-4.30pm for Years 1 - 6.

Please see the link below if you wish to sign your child up.



<https://activities.bookpebble.co.uk/activity/computerxplorers-manchester-ashdene-primary-school-summer-1-minecraft-advanced-wilmslow-16c841e6-6475-4f18-9ecb-c4c7882a44e4>



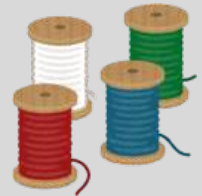
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Sewing

Sewing club has been buzzing this year with KS2 children who are keen to learn new skills. We have made a variety of projects, some which the children have designed or requested. It is a lovely way to wind down from a day at school, improving fine motor skills and feeling relaxed.

Please see the link below if you wish to sign your child up.

<https://docs.google.com/forms/d/17QFzrPrJZaXYE4BLly8mWCbDukhXnusJMzgBgj1LPT4/edit>



If you have any questions, please email: thesewingcoach@gmail.com

Chess

We teach children chess right from the basics through to being ready to compete at national level for those that show exceptional aptitude for the game. All children will start with our level 1 school course booklet which familiarises children with the game, teaching them about check and checkmate. As well as teaching winning strategies we also provide ample opportunity to practise with games and group exercises keeping the children engaged and having fun whilst learning.

To register for a place for next term you need to click the link below, complete your child's details and make payment for the club. You will receive an automated email confirming payment has been made.

Thursdays 3.30 - 4.30pm



Booking Link <https://ukchess.fillout.com/t/514C1mX978us>

The cost for the term is £132 and is payable at the time of booking.



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French

Bonjour! My name is Tania Moinian and I am a licensee and teacher for La Jolie Ronde, a company that has been at the forefront of Modern Language teaching since 1983.

I am pleased to announce that enrolment for the Key Stage 2 French Club is now open for the Summer term.

French Club will run every Thursday 3.30pm-4.30pm from Thursday, 24th April 2025 to Thursday, 10th July 2025.

***PLEASE NOTE THAT THERE WILL BE NO FRENCH CLUB ON THURSDAY, 1ST MAY.**

The cost is £7 per lesson plus £16 for the course book. The book includes a media app from which you can access all the La Jolie Ronde audio materials and is a requirement of the course. The book is only required for new starters.

The total cost for the term is £70 (10 lessons) + £16 (book). If your child is interested in joining the French Club, please contact me with the following information to secure a place

:child's name,

:year group (Years 3-6)

:any medical conditions or allergies,

:email address and contact number.

Places are limited so will be allocated on a first come, first served basis.

Email: **madamemoinian@outlook.com**

Mob: 07870 262215



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Music Squad

Discover the **life-changing** benefits of music in 2025. Join online today!



Scan me!

Dear Squad Support (AKA grown-ups)

Playing piano from an early age will have a positive effect on your child's mental and physical growth and enrich their life in a number of areas. **Save your spot** for our launch at your school and realise the life-changing benefits of childhood piano lessons, in the most fun, silly and joyful way possible!

KS1 after-school club Discover music with friends

- Wednesdays after-school until 4.30pm
- The small group (10 max) will also enjoy musical games, activities and performing pop songs as a group band!
- Enjoy the full Music Squad experience for only £9.95 per week.

KS2 after-school club Discover music with friends

- Thursdays after-school until 4.30pm
- The small group (10 max) will also enjoy musical games, activities and performing pop songs as a group band!
- Enjoy the full Music Squad experience for only £9.95 per week.

Whichever key stage you're in, you can expect:

- Your child to **learn to read music properly** (without any of the stuffy!).
- **Weekly progress pictures and videos** direct from the lessons to you.
- **Brilliant and passionate musicians** to inspire your child for life.
- Support through **recognised exams** (if you want to, but no pressure)
- Hassle-free online sign up and **monthly payments, cancellable at any time.**

Scan the QR code or register online today at www.musicsquad.co.uk. Please note spaces are limited, so register early to avoid missing out.

From,
Hannah Donkin, Chief Squadder (AKA Founder & Director)



Discover the **life-changing** benefits of music in 2025. Join online today!

MUSIC SQUAD

Why choose Music Squad?

The benefits of properly good music lessons are truly immense. And sharing those is what we are all about. We help children to feel really GOOD about themselves through music and do that by making our piano lessons as fun, as silly and as joyful as we think they should be. Watch your child's confidence, self-esteem and well-being flourish and give them a life-long passion today. We're here by your side every step of the way.



By far the best after school club



Amazing, super and silly!



Music Squad is absolutely fantastic



Brilliant lesson, fantastic outcomes!



My son is loving Music Squad



Positive, in every way!



Spanish

Spanish club will continue into the summer term for years 1-6. We will be doing our usual fun songs and games with written work too. We spend time outside if the weather allows and do a food tasting too. Children will learn how to order their favourite ice cream flavour.

If any parents want to book in for September from current reception classes then a waiting list can be opened.

Year 1 Spanish club 8.15 - 8.45am Tuesday.

Year 1-3 Spanish club Tuesday lunchtime.

Year 4-6 Spanish club Tuesday lunchtime.

All current students will have an automatic place and any new pupils will be first-come, first-served.

Text Kathryn on 07794 124288 if you are a new pupil wishing to book a place.



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Picture News

TAKEHOME

24th - 30th March



In the news this week

World leaders from around twenty countries are creating a group or 'coalition'. According to UK Prime Minister, Sir Keir Starmer, they will work together to support Ukraine. Their collective aim is to end the war between Ukraine and Russia. The new group setup follows a difficult meeting between Ukraine's President, Volodymyr Zelensky, and US President, Donald Trump. The two leaders argued, and the meeting ended without a solution.

Things to talk about at home ...

- > Share your knowledge of world leaders and talk to others at home about theirs.
- > In your opinion, how important is it for world leaders to work together? In what areas do you think they need to work together?
- > What about their role in helping other countries - do you feel this is always important?



Do world leaders have a duty to help other countries?

Please note any interesting thoughts or comments

Share your thoughts and read the opinions of others

www.picture-news.co.uk/discuss



© Picture News 2025

Key Dates

Thursday 27th March - Year 1 Parent Lunch

Thursday 27th - Friday 28th March - Year 2 Residential

Tuesday 1st April - Year 5B Music Performance 9am

Tuesday 1st April - Year 5AG Music Performance 3pm

Friday 4th April - School closes for Easter

Monday 21st April - Bank Holiday

Tuesday 22nd April - School opens for HT5

Tuesday 29th April - Year 4C Music Performance 9am

Tuesday 29th April - Year 4I Music Performance 3pm

Thursday 8th May - Reception Parent Lunch 11.30am

Thursday 22nd May - Sports Day

Thursday 22nd May - School Closes for Half Term

Friday 23rd May - Inset Day

Monday 2nd June - Year 6 Lakeside residential

Wednesday 2nd July - Year 6 Express Uniform Pop-Up Shop 3pm

Wednesday 16th July New Reception Starters Express Uniform Pop-Up Shop



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Community News

An online talk by Jane Keyworth



Supporting a Child with ADHD

Challenging the stereotypes, offering practical support and explaining more about this condition

Thursday 3rd April 10 -11:30am

Tuesday 29th April 7 - 8:30pm

Talks are recorded and available to watch for up to 48hrs after the session £24



Book online

facefamilyadvice.co.uk

go to **PARENTS**

on the **Homepage**



Easter 2025 Junior Tennis Camp

Week 1 Mon 7th to Fri 11th April

Week 2 Mon 14th to Thurs 17th April

Limited Places

**EXTENDED
HOURS**

**£20 per junior
member per session**

**£25 per junior non
member per session**

**FROM
9am-
1pm**

Book online at:

<https://clubspark.lta.org.uk/CroftsideTennisClub>

Go to Coaching - Calendar & Select Dates

For more info & to reserve a place call

Tom Hunt 07506 756589



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Mark Hallett Drama



“DRAMA FUN DAYS” AT ASHDENE PRIMARY SCHOOL, Thoresway Rd, Wilmslow, SK9 6LJ

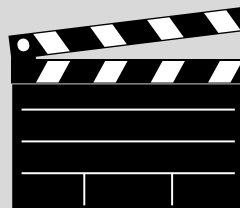
**Monday 14th and Tuesday 15th April
2025**

**For children aged 7 -13 years
Time-9.30am-3.30pm (drop off from 9am)
Where-Infant Hall
Cost-£30 ppd**

**Children will need to bring a packed lunch and wear loose comfortable clothing. The days will include a variety of themes such as music and movement, Team Work, Creative thinking, confidence building, Life Skills, Drama games, Improvisation ,outdoor play and loads more.
No Experience Necessary!**

**Both days are different.
Odd days available.**

For availability please email Mark at markhallett@sky.com



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HOLIDAYZONE

PUTTING THE KIDS FIRST

WHERE?

Wilmslow Prep,
Wilmslow
Bollinbrook Primary,
Macclesfield

WHEN?

Wilmslow Prep
Bollinbrook
7-11 / 14-17 April

BRING

A PACKED LUNCH,
CLOTHES YOU DONT
MIND GETTING MESSY
IN, COMFY SHOES & A
WATER BOTTLE



MAKING NEW FRIENDS



BOUNCY CASTLE



COOKING



ARTS & CRAFTS

COSTS

£32 FULL DAY
8am-6pm

HAF programme
running Wilmslow Prep
and Bollinbrook

WHAT TO EXPECT

Easter Egg Hunt, plus fun-filled days packed with crafts, games, new sports zone daily, new science zone daily, catch up with current friends whilst making new ones, discos, bouncy castles, cooking, gardening, sewing, slime making, drama workshop, forest workshop and much, much more!

Full itinerary can be found on our website.

To book online www.holidayzone.org.uk
HAF bookings and info e: manager@holidayzone.org.uk

 [holidayzone](https://www.facebook.com/holidayzone)



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CHESHIRE FOOTBALL TRIALS

**APR
7TH**
2025

WHAT YOU NEED TO KNOW TO JOIN US



**PREMIER LEAGUE, CHAMPIONSHIP &
LEAGUE TWO SCOUTS IN ATTENDANCE**



**AGED UNDER 8 - UNDER 9
(HIGH LEVEL GRASSROOT PLAYER)**



**SANDBACH UNITED FOOTBALL CLUB
CW11 3LZ**



£50 FOR THE DAY



**MESSAGE FOR MORE INFORMATION
COACHBARKSFOOTBALL@GMAIL.COM**



SANDBACH UNITED
9:00-15:00



Would you like to help improve
footwear for your child?



University of
Salford
MANCHESTER



**We are conducting research into how younger
children perform motor skills.**

We want to understand how your child moves during
different tasks and active play. This would help to create
shoes that are designed to match a child's development.

Your child could help us to innovate children's
footwear design if they:

- Have a **UK shoe size children's 10.5 - 2.5**
(around **4-10 years old**)
- Are free from any motor disorders, or conditions
affecting movement and coordination
- Are healthy and love games
- Are happy to participate

You will receive a small reimbursement for
your time and a certificate for your child.



Currently recruiting for
Easter holidays 2025

Please email for more information:
A.J.Hammocks@edu.salford.ac.uk



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TAEKWON-DO

COURTESY • INTEGRITY • PERSEVERANCE • SELF CONTROL • INDOMITABLE SPIRIT

WWW.TAEKWONDO123.COM



GET ACTIVE • MAKE NEW FRIENDS • PERSONAL DEVELOPMENT • SELF DEFENCE • RELAX

Beginners classes now on!

NO CONTRACT. PAY PER CLASS.

Come along to any class. Fun, friendly and active classes for everyone.

리
전
도



Printed on recycled paper

ALWAYS WANTED TO TRY A MARTIAL ART? NEVER QUITE GOT ROUND TO IT? ...HERE'S YOUR CHANCE.

Come and try this unique way to learn a fascinating martial art, with easy to follow classes designed for you to get the most from Taekwon-Do. We don't expect you to be fit or have previous experience and it's a great way of releasing stress and having fun.

ADULTS

Physically - your training develops Taekwon-Do and effective self-defence skills along with fun workouts to progressively improve fitness, stamina, co-ordination and flexibility.

Mentally - Taekwon-Do is about personal development, inner confidence and assertiveness - not aggression just for the sake of it!

The background philosophy of Taekwon-Do is:

COURTESY INTEGRITY PERSEVERANCE SELF-CONTROL INDOMITABLE SPIRIT

Children - worried that your children don't do enough exercise? Concerned about bullying, confidence and discipline? We have safe, fun classes to get kids ACTIVE whilst working to develop skills and traits that they can use every day. We build social skills and teamwork, and encourage self discipline and confidence.

Training is conducted in a safe, friendly environment where you can relax, meet friends and have fun as you train. **EVERYONE WELCOME** Men, Women and Children - NO boundaries and NO prejudices. Your classes are guided by excellent instructors dedicated to **your** training and progression. We are part of a well established, reputable organisation with registered instructors.

INTERESTED? Take your first steps and come along or give us a call. The demonstration or a few trial lessons will give you an idea of what it's like to train with us - see details opposite. We know what it's like to start out so you'll be made to feel welcome from your first class.

Treat yourself... do something different.

For classes in other areas please call 07976 664423

For more classes throughout your area visit WWW.TAEKWONDO123.COM

Wilmslow

@Wilmslow Parish Hall
SK9 4AA

Sunday @ 2pm (ALL AGES)

Try something NEW

Call: 07976 664423 or Email: wilmslowclasses@tdo123.com

Stockport

@Avondale Leisure Centre
SK3 0UP

Thursday @ 6pm (ALL AGES)

Sunday @ 4pm (Juniors 5-11yrs)

Sunday @ 5pm (Adults&Teens)

Call: 07976 664423 or Email: stockportclasses@tdo123.com

Wythenshawe

@Benchill Community Centre
M22 6EJ

Wednesday @5:30pm (ages 5-7)

Wednesday @5:30pm (over 8's & adults)

Call: 07976 664423 or Email: wythenshawclasses@tdo123.com



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Easter holiday club and camp dates:
• April 7 – April 18

- ✓ #HAF available
- ✓ Childcare vouchers accepted
- ✓ Tax-free childcare

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ENJOY IMPROVE ACHIEVE

THE GREAT EGGS-PEDITION TO EASTER ISLAND...

Easter holiday club and camp dates:

- April 7 – April 18
- 8:45 am – 3:15 with wraparound available dependent on venue!

BOOK HERE 

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Lancaster University Chaplaincy, LA1 4YW
St Pius X Catholic Prep School, Preston, PR2 8RD

WEEK 2: 14th – 17th April (4 day week)
AKS Prep School, Lytham, FY8 1DT
The King's School, Chester, CH4 7QL
Eccleston Lane Ends School, Prescot, L34 2QN

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Tel: 01625 917 335

Email: admin@ashdene.cheshire.sch.uk