



# Lakeside

Monday 2<sup>nd</sup> June – Friday 6<sup>th</sup> June

# Staff

**Mrs Roberts  
Mrs Simmons  
Mrs Makin**

**Miss Lumsdon (Mon-Wed)/Mrs Ford (Wed-Fri)  
Mrs Rowlinson (Mon-Wed)/Mr Gill (Wed – Fri)**

Qualified Instructor for each group

# Timetable: Monday 2<sup>nd</sup> June

- ▶ Depart @ 9:15am (children to arrive at school normal time – KS2 playground)
- ▶ Arrive at YMCA Lakeside approx. 11:30am
- ▶ Unload then lunch – **disposable packed lunch**
- ▶ Tour of the site by group instructors
- ▶ First activity @ 2pm
- ▶ Evening meal
- ▶ Evening Activity

# Timetable

- ▶ Breakfast
- ▶ 9:30am- 12:30pm Activities (3 hrs)
- ▶ Lunch
- ▶ 2pm-5pm Activities (3hrs)
- ▶ Evening meal
- ▶ 6:30pm – 8pm Activities (1.5 hrs)
- ▶ Leisure time

# Timetable: Friday 6<sup>th</sup> June

- ▶ Breakfast
- ▶ 9.30am- 12.30pm Activities
- ▶ Lunch
- ▶ Depart Lakeside approx. 1:30pm
- ▶ Arrive at Ashdene approx. 3:30pm
- ▶ We will keep school office updated of any delays and ETA – office will communicate any delays with parents
- ▶ Children to be collected from KS2 playground

# Activities – yet to be finalised

Fully qualified instructors  
All safety equipment

Water-based activities:

- Raft building
- Sailing

Campfire

Orienteering

Swings and ziplines through  
woodland

Team building games

Archery

Obstacle courses

Climbing and abseiling

# Accommodation



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- ▶ Purpose-built accommodation block
  - ▶ We have our own 'wing' on the top floor
  - ▶ Children in rooms 5 - 7 – bunk beds
  - ▶ Every room en-suite
  - ▶ At least 2 members of staff on each corridor
  - ▶ Allocated 'drying room' for wet gear
  - ▶ Group common room
- Staff have organised rooms already and submitted to Lakeside
  - Staff have organised the year group into 5 mixed groups; they will stay in these groups for all activities (12/13 chn in each)

# Food

- ▶ Dining hall overlooking the lake
- ▶ Breakfast – cooked breakfast or options of toast and cereals
- ▶ Lunch - cooked 2 course meal (several options)
- ▶ Evening meal – cooked 2 course meal (several options)
- ▶ All dietary requirements catered for – we let the centre know in advance
- ▶ CHILDREN ARE NOT TO BRING ANY EXTRA FOOD

# What to bring

## Essentials

- Clothes which can get wet and muddy
- 'Leisure time' comfortable clothes
- Clothing (including footwear) for the lake (x2)
- Pyjamas
- Casual footwear for indoors (flip-flops, sliders etc must be able to safely climb stairs)
- Plenty of underwear and socks!
- Sun cream and hat
- Insect repellent (no deet)
- Toiletries
- **Towel**
- Roll on deodorant (no aerosols)
- Bag for dirty/wet clothes
- Rucksack (to carry each day)
- Refillable water bottle
- Medications (medication form must be filled out)
- **Disposable packed lunch for Monday**

## Optional

- Wetsuits/water wear
- Walking boots
- Waterproof clothing
- Camera (disposable recommended)
- Change for gift shop (Max £10)
- Book/cards/travel games for evenings
- Watch/small alarm clock for room

- Please name as many items as possible
- Please pack with your child so they know what they have
- Children must be able to carry their case up a staircase

# What not to bring

- Expensive/precious clothing – it may get ruined!
- Electronic devices: Mobile phones, tablets, smart watches  
etc
- Jewellery
- Food

\*children can bring a camera. Digital cameras have been brought in the past but please note these are sometimes accidentally broken

# Medical Information

- ▶ For all medication (including travel sickness, hayfever medication and medication already held in school) a medical administration form **MUST** be filled out, detailing the medical information and dosage.
- ▶ This will be emailed and paper copies are available from the office.
- ▶ All medication must be in its **original packaging** with the **dispensing label/prescription**
- ▶ If your child requires medication, a medication administration form must be completed and returned to class teachers **BEFORE** the end of this half term. This form details ALL medication for your child and dosages.
- ▶ Please bring all medication on the morning of Monday 2<sup>nd</sup> and give it to school staff
- ▶ Please indicate on the medical form if you would like us to take any medication which we hold in school.
- ▶ Ensure all medication packaging is clearly labelled with your child's name
- ▶ Medication shall be held by teaching staff, except inhalers
- ▶ Children with inhalers shall carry them with them **AT ALL TIMES**

# What you can expect from the children

- ▶ They will have a great time
- ▶ They will develop team-working skills, independence and responsibility
- ▶ They will develop more friendships across the year group
- ▶ They will challenge themselves (challenge by choice is the centre's motto)
- ▶ They may lose clothes/come home with someone else's

# What you can expect from us

- ▶ We are there to make sure all children have a great time
- ▶ If there are any issues (e.g. illness) we will contact you
- ▶ Children will not be making contact with home unless there are exceptional circumstances
- ▶ We will post photos on X at the end of each day – we cannot guarantee that there will be a photo of every child, so please do not contact school to request one. We will try to post pictures of each group.
- ▶ If you need to contact us urgently, please do so via the school office. We will not be checking class email accounts.

